## What to bring to North Bay Adventure Camp – And what not to bring

Upon arrival, you will be given a bunk in a heated cabin with sheets, pillow, pillowcase, one towel and one blanket. Feel free to bring your own sleeping gear.

## Below is a recommended list of what TO bring:

- Dress for the weather. You will be participating in indoor and outdoor activities. Rain gear or an umbrella would be helpful.
- Comfortable outdoor closed toe walking shoes/boots.
- All clothing must be school appropriate during the entire stay.
- Your own water bottle. Refill stations available.
- Sunscreen and insect repellent.
- A working flashlight as it gets dark at night.
- Store money (small bills)
- Personal gear: extra towel, soap, washcloth, toothbrush, toothpaste, etc.

## Below is what the camp recommends NOT to bring:

- Radios
- Gaming platforms
- Gum of any kind
- Snack food
- Cigarettes and Alcohol/Drugs

Note: During your stay at the camp, all school rules apply.